



PRAY THE ROSARY DAILY

“Say the Rosary every day to bring peace to the world.”

- Our Lady of Fatima, May 13, 1917

“The Most Holy Virgin in these last times in which we live has given a new efficacy to the recitation of the Rosary to such an extent that **there is no problem**, no matter how difficult it is, whether temporal or above all spiritual, in the personal life of each one of us, of our families...**that cannot be solved by the Rosary.**”

- Servant of God Lucia of Fatima, Last public interview (Dec 1957)

What is the Rosary?.....	2
How to pray the Rosary.....	3
Rosary Meditations.....	5
Origin of the Rosary.....	6
Our Lady’s 15 Promises.....	8
Saint Quotes about the Rosary.....	9



Prayer to St. Joseph (by Pope Leo XIII to be said at the end of the Rosary)

To thee, O blessed Joseph, do we come in our tribulation, and having implored the help of thy most holy Spouse, we confidently invoke thy patronage also. Through that charity which bound thee to the immaculate Virgin Mother of God and through the paternal love with which thou embraced the Child Jesus, we humbly beg thee to graciously regard the inheritance which Jesus Christ has purchased by his Blood, and with thy power and strength to aid us in our necessities.

O most watchful Guardian of the Holy Family, defend the chosen children of Jesus Christ; O most loving father, ward off from us every contagion of error and corrupting influence; O our most mighty protector, be propitious to us and from heaven assist us in our struggle with the power of darkness; and, as once thou rescued the Child Jesus from deadly peril, so now protect God’s Holy Church from the snares of the enemy and from all adversity; shield, too, each one of us by thy constant protection, so that, supported by thy example and thy aid, we may be able to live piously, to die holy, and to obtain eternal happiness in heaven. Amen.

WHAT IS THE ROSARY?

The Rosary is a **Scripture-based prayer** that begins with the *Apostles' Creed*, in which we state our belief in the Gospel truths taught by the Apostles. We then pray the *Our Father*, the only formal prayer taught to us by Christ and a series of *Hail Marys*, echoing the words the Angel Gabriel spoke to Mary and the words Elizabeth spoke to Mary. St. Pius V officially added the second part of the Hail Mary by placing “Jesus” at the center of this prayer—as He should be the center of our lives—and concluding with the request for the “Mother of God” to “pray for us sinners” before the throne of Almighty God.

The Rosary is not vain repetition, though it can be if one allows his mind to wander unchecked. The rhythmical repetition of the sacred words—taught by Christ and inspired by the Holy Spirit—invite us to enter into the quiet of our hearts where the Holy Trinity dwells; however, He only dwells in those who have received Him through baptism and remain in Communion with Him, that is, who obey His Laws and do not commit *mortal* sin. Mortal sin causes death to the soul and causes God to flee from our souls until we ask for and receive His forgiveness through the Sacrament of Reconciliation. Like Cain, a soul that bears the mark of mortal sin will wander through life without sanctifying grace—the life of God in them—and without the hope of returning to the Father.

Our Lady gave St. Dominic three sets of mysteries upon which to meditate during the Rosary, the Joyful, Sorrowful and Glorious mysteries. Each contains five events in the lives of Jesus and Mary upon which to meditate during each decade (set of 10 Hail Marys). Traditionally, one would pray 15 decades while meditating on all 15 events, going around the string of beads three times. Today, it is common to pray one set of mysteries per day.

Each decade ends with a *Glory Be*, giving all glory, praise, and thanks to God for His merciful love and the graces we received in answer to our prayers.

Praying the Rosary is the perfect way to make time for God and live out the Greatest Commandment: “You shall love the Lord your God with all your heart, and with all your soul, and with all your strength, and with all your mind.”

The Rosary has the power to combat evil and bring about victory, both spiritual and temporal. In 1571, Pope Pius V organized a group of Christian forces—the Holy League—in defense of an imminent invasion by the Ottoman Empire. Before a battle, the pope called on *all of Europe* to pray the Rosary for victory against the Muslims who sought to destroy Christianity. On October 7, the Holy League defeated the much larger Ottoman fleet, thus saving the Christian West.

HOW TO PRAY THE ROSARY

Sign of the Cross (Hold Crucifix, contemplate the Holy Trinity as you mark yourself)

In the Name of the Father, and of the Son and of the Holy Spirit. Amen.

Apostle's Creed

I believe in God, the Father Almighty, Creator of heaven and earth; and in Jesus Christ, His only Son, our Lord; Who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried. He descended into hell; the third day He rose again from the dead; He ascended into heaven, sits at the right hand of God, the Father Almighty; from thence He shall come to judge the living and the dead. I believe in the Holy Spirit, the holy Catholic Church, the communion of Saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

Our Father

Our Father, Who art in heaven, hallowed be Thy name; Thy kingdom come; Thy will be done on earth, as it is in heaven. Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

Hail Mary (3x's—praying for faith, hope, and charity)

Hail, Mary, full of grace; the Lord is with thee; blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

Glory Be

Glory Be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now, and ever shall be, world without end. Amen.

Fatima Prayer

O my Jesus, forgive us our sins and save us from the fires of hell. Lead all souls to heaven. Especially those in most need of thy mercy.

Announce the First Mystery (Start with the Joyful Mystery if praying all three sets, or the first Mystery of the day if praying only one set)

- **Our Father x 1, Hail Mary x 10** (a “decade” said while meditating on the mystery)
- **Glory Be, Fatima Prayer** (Our Lady of Fatima asked us to add this prayer in 1917)
- **Announce the next mystery and repeat as above until completing one full set of Mysteries.**

Hail Holy Queen (Hold center medal)

Hail! Holy Queen, Mother of Mercy, our life, our sweetness and our hope, to you do we cry poor banished children of Eve; to you do we send up our sighs, mourning and weeping in this valley of tears; turn, then, most gracious Advocate, your eyes of mercy toward us, and after this, our exile, show unto us the blessed fruit of your womb, Jesus. O clement! O loving! O sweet Virgin Mary! Pray for us, O holy Mother of God, that we may be made worthy of the promises of Christ.

Concluding Prayers: Let us pray.

O God, whose only begotten Son, by His life, death and resurrection has purchased for us the reward of eternal life. Grant, we beseech thee that while meditating upon these mysteries of the most Holy Rosary of the Blessed Virgin Mary we may imitate what they contain and obtain what they promise, through the same Christ Our Lord. Amen.

Prayer to St. Joseph (composed by Pope Leo XIII in 1889 for recitation after the Rosary)

In our tribulation we fly to Thee, O blessed Joseph; and, after imploring the help of thy most holy Spouse, we ask also with confidence for thy patronage. By the affection which united thee to the Immaculate Virgin Mother of God, and the paternal love with which thou didst embrace the Child Jesus, we beseech thee to look kindly upon the inheritance which Jesus Christ acquired by His precious Blood, and by thy powerful aid to help us in our needs. Protect, most careful Guardian of the Holy Family, the chosen people of Jesus Christ. Keep us, most loving father, from all pestilence of error and corruption. Be mindful of us, most powerful protector, from thy place in heaven, in this warfare with the powers of darkness: and, as thou didst snatch the Child Jesus from danger of death, so now defend the holy Church of God from the snares of the enemy and from all adversity. Guard each one of us by thy perpetual patronage, so that, sustained by thine example and help, we may live in holiness, die a holy death, and obtain the everlasting happiness of heaven. Amen.

Prayer to St. Michael (by Pope Leo XIII)

St. Michael, the Archangel, defend us in battle. Be our protection against the wickedness and snares of the devil. May God rebuke him we humbly pray; and do thou, O Prince of the Heavenly Host, by the power of God, cast into hell satan and all the other evil spirits, who wander through the world seeking the ruin of souls. Amen.

Remedy Against the Spirits Of Darkness

August Queen of the Heavens, heavenly sovereign of the Angels, Thou who from the beginning received from God the power and the mission to crush the head of Satan, we humbly beseech Thee to send Your holy Legions, so that under Thy command and through Thy power, they may pursue the demons and combat them everywhere, suppress their boldness, and drive them back into the abyss. "Who is like God?" O good and tender Mother, Thou will always be our love and hope! O Divine Mother, send Thy Holy Angels to defend me and to drive far away from me the cruel enemy. Holy Angels and Archangels, defend us, guard us. Amen.

Pray for the Pope: Our Father, Hail Mary, Glory Be.

Sign of the Cross

MEDITATIONS DURING THE ROSARY

The Joyful Mysteries

Mondays and Saturdays

- 1) The Annunciation of Our Lord
- 2) The Visitation of Mary to her cousin Elizabeth
- 3) The Birth of Jesus
- 4) The Presentation of Jesus in the Temple
- 5) The Finding of the child Jesus in the Temple

The Sorrowful Mysteries

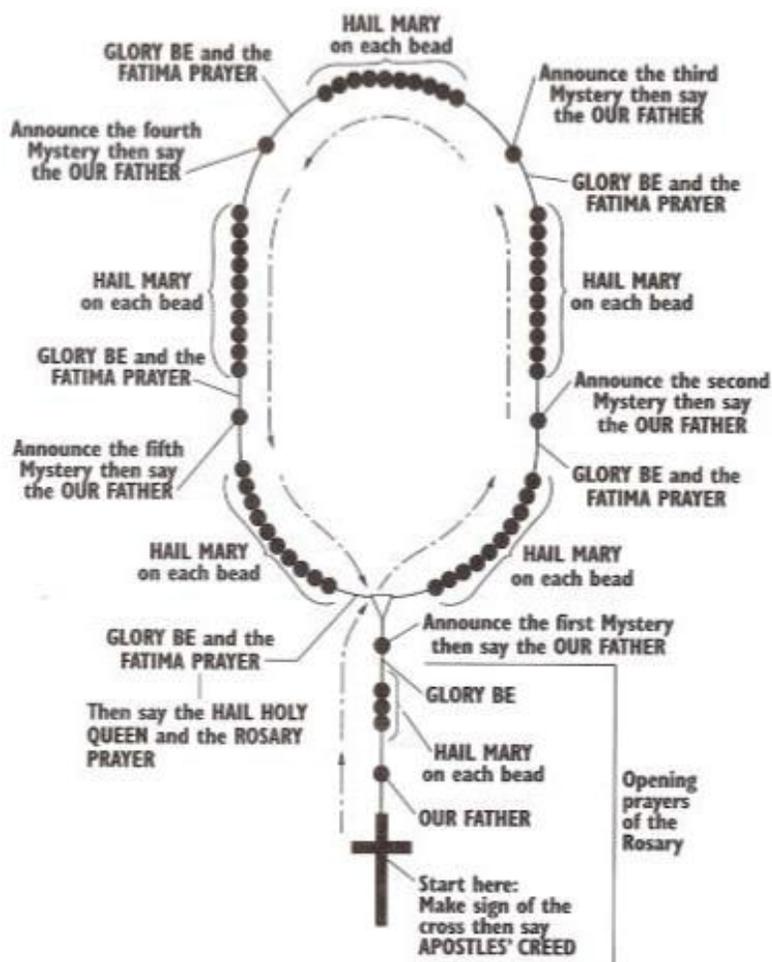
Tuesdays and Fridays

- 1) The Agony of Jesus in the Garden
- 2) The Scourging at the Pillar
- 3) The Crowning of Thorns
- 4) The Carrying of the Cross
- 5) *The Crucifixion and Death of Our Lord*

The Glorious Mysteries

Sundays and Wednesdays

- 1) The Resurrection of Our Lord
- 2) The Ascension of Our Lord into Heaven
- 3) The Descent of the Holy Spirit
- 4) The Assumption of Mary into Heaven
- 5) The Coronation of Mary



ORIGIN OF THE ROSARY

Excerpt from *The Secret of the Rosary* by St. Louis de Montfort, p.18-19

SINCE the Holy Rosary is composed, principally and in substance, of the Prayer of Christ and the Angelic Salutation, that is, the Our Father and the Hail Mary, it was without doubt the first prayer and the first devotion of the faithful and has been in use all through the centuries, from the time of the Apostles and disciples down to the present.

But it was only in the year 1214, however, that Holy Mother Church received the Rosary in its present form and according to the method we use today. It was given to the Church by Saint Dominic who had received it from the Blessed Virgin as a powerful means of converting the Albigensians and other sinners.

I will tell you the story of how he received it, which is found in the very well-known book *De Dignitate Psalterii* by Blessed Alan de la Roche. Saint Dominic, seeing that the gravity of people's sins was hindering the conversion of the Albigensians, withdrew into a forest near Toulouse where he prayed unceasingly for three days and three nights. During this time he did nothing but weep and do harsh penances in order to appease the anger of Almighty God. He used his discipline so much that his body was lacerated, and finally he fell into a coma.

At this point Our Lady appeared to him, accompanied by three Angels, and she said:

"Dear Dominic, do you know which weapon the Blessed Trinity wants to use to reform the world?"

"Oh, my Lady," answered Saint Dominic, "you know far better than I do because next to your Son Jesus Christ you have always been the chief instrument of our salvation."

Then Our Lady replied: "I want you to know that, in this kind of warfare, the battering ram has always been the Angelic Psalter which is the foundation stone of the New Testament. Therefore if you want to reach these hardened souls and win them over to God, preach my Psalter."

So he arose, comforted, and burning with zeal for the conversion of the people in that district he made straight for the Cathedral. At once unseen Angels rang the bells to gather the people together and Saint Dominic began to preach.

At the very beginning of his sermon an appalling storm broke out, the earth shook, the sun was darkened, and there was so much thunder and lightning that all were very much afraid. Even greater was their fear when looking at a picture of Our Lady exposed in a prominent place they saw her raise her arms to Heaven three times to call down God's vengeance upon them if they failed to be converted, to amend their lives, and seek the protection of the Holy Mother of God.

God wished, by means of these supernatural phenomena, to spread the new devotion of the Holy Rosary and to make it more widely known.

At last, at the prayer of Saint Dominic, the storm came to an end, and he went on preaching. So fervently and compellingly did he explain the importance and value of the Holy Rosary that almost all the people of Toulouse embraced it and renounced their false beliefs. In a very short time a great improvement was seen in the town; people began leading Christian lives and gave up their former bad

OUR LADY'S 15 PROMISES

TO THOSE WHO FAITHFULLY RECITE THE ROSARY

The Blessed Virgin Mary promised to Saint Dominic and to all who follow that “Whatever you ask in the Rosary will be granted.” She left for all Christians Fifteen Promises to those who recite the Holy Rosary *daily* as she has asked, always with faith that your prayers will be heard and answered. Imparted to Saint Dominic and Blessed Alan de La Roche:

1. Whoever shall faithfully serve me by the recitation of the Rosary, shall **receive signal graces**.
2. I promise my **special protection** and the **greatest graces** to all those who shall recite the Rosary.
3. The Rosary shall be a **powerful armor against hell**, it will **destroy vice, decrease sin, and defeat heresies**.
4. The Rosary will **cause virtue** and good works to flourish; it will obtain for souls the **abundant mercy of God**; it will **withdraw the hearts of men from the love of the world and its vanities**, and will **lift them to the desire for eternal things**.
5. The soul which recommends itself to me by the recitation of the Rosary, **shall not perish**.
6. Whoever shall recite the Rosary devoutly, applying himself to the consideration of its sacred mysteries shall **never be conquered by misfortune**. God will not chastise him in His justice, he shall not perish by an unprovided death; if he be just, **he shall remain in the grace of God** and become **worthy of eternal life**.
7. Whoever shall have a true devotion for the Rosary **shall not die without the sacraments** of the Church.
8. Those who are faithful to recite the Rosary shall have **during their life and at their death the light of God** and the **plenitude of His graces**; at the moment of death they **shall participate in the merits of the saints** in paradise.
9. I shall **deliver from Purgatory** those **who have been devoted to the Rosary**.
10. The faithful children of the Rosary shall **merit a high degree of glory in Heaven**.
11. You shall **obtain all you ask of me by the recitation of the Rosary**.
God will always grant our request if it is beneficial for our soul, and Our Lady will only intercede for us when our request is good for our salvation.
12. All those who **propagate the Holy Rosary** shall be **aided by me in their necessities**.
13. I have obtained from my Divine Son that all the **advocates of the Rosary shall have for intercessors the entire celestial court during their life and at the hour of death**.
14. All **who recite the Rosary** are my sons and daughters, and brothers and sisters of my only Son Jesus Christ.
15. Devotion of my Rosary is a **great sign of predestination**.

SAINTS QUOTES

ABOUT THE ROSARY

Our Lady of Fatima asked for the daily recitation of the Rosary daily each time she appeared to the children in 1917, stressing that it is needed to bring peace in the world

“Say the Rosary every day to bring peace to the world...” *May 13*

“Say the Rosary, inserting between the mysteries the following ejaculation, ‘O my Jesus, forgive us our sins, save us from the fires of Hell, lead all souls to Heaven, especially those most in need.’” *June 13*

“Continue to say the Rosary every day in honor of Our Lady of the Rosary to obtain peace for the world and the end of the war; for only She can help you.” July 13

“Continue to say the Rosary every day.” *Aug. 13*

“Let the people continue to say the Rosary every day to obtain the end of the war,” *Sept. 13*

“I am Our Lady of the Rosary. Continue to say the Rosary every day.” *Oct. 13*

“[The Rosary] is the weapon the Blessed Trinity wants to use to reform the world.”

Our Lady to St. Dominic when she taught him the Rosary

“When you say your Rosary, the angels rejoice, the Blessed Trinity delights in it, my Son finds joy in it too, and I myself am happier than you can possibly guess. After the Holy Sacrifice of the Mass, there is nothing in the Church that I love as much as the Rosary.”

Our Lady to Blessed Alan de la Roche

“Never will anyone who says his Rosary every day become a formal heretic or be led astray by the devil.”

Saint Louis de Montfort

“Even if you are on the brink of damnation, even if you have one foot in hell, even if you have sold your soul to the devil as sorcerers do who practice black magic, and even if you are a heretic as obstinate as a devil, sooner or later you will be converted and will amend your life and will save your soul, if—and mark well what I say—if you say the Holy Rosary devoutly every day until death for the purpose of knowing the truth and obtaining contrition and pardon for your sins.”

Saint Louis de Montfort

“‘Hail Mary, full of grace, the Lord is with thee!’ No creature has ever said anything that was more pleasing to me, nor will anyone ever be able to find or say to me anything that pleases me more.”

Our Lady to Saint Mechtilde

“You must know that when you ‘hail’ Mary, she immediately greets you! Don’t think that she is one of those rude women of whom there are so many—on the contrary, she is utterly courteous and pleasant.

If you greet her, she will answer you right away and converse with you!"

Saint Bernardine of Siena

"Continue to pray the Rosary every day."

Our Lady of Fatima to Sister Lucia

"Never will anyone who says his Rosary every day be led astray. This is a statement that I would gladly sign with my blood."

Saint Louis de Montfort

"You shall obtain all you ask of me by the recitation of the Rosary."

Our Lady to Blessed Alan de la Roche

"Give me an army saying the Rosary and I will conquer the world."

Pope Blessed Pius IX

"If you persevere in reciting the Rosary, this will be a most probable sign of your eternal salvation."

Blessed Alan de la Roche

"The greatest method of praying is to pray the Rosary."

Saint Francis de Sales

"When the Holy Rosary is said well, it gives Jesus and Mary more glory and is more meritorious than any other prayer."

Saint Louis de Montfort

"The Holy Rosary is the storehouse of countless blessing."

Blessed Alan de la Roche

"One day, through the Rosary and the Scapular, [Our Lady] will save the world."

Saint Dominic

"If you say the Rosary faithfully unto death, I do assure you that, in spite of the gravity of your sins, 'you will receive a never-fading crown of glory' (1 St. Peter 5:4)."

Saint Louis de Montfort

"The Rosary is THE weapon."

Saint Pio of Pietrelcina (Padre Pio)

"Recite your Rosary with faith, with humility, with confidence, and with perseverance."

Saint Louis de Montfort

"The Rosary is the most beautiful and the most rich in graces of all prayers; it is the prayer that touches most the Heart of the Mother of God...and if you wish peace to reign in your homes, recite the family Rosary."

Pope Saint Pius X